

# POTOMAC

## *Air Monthly*

May 2015



# RED FLAG

## *Alaska*

CHECK OUT THE 113 WING'S  
OFFICIAL FACEBOOK PAGE!  
[FACEBOOK.COM/113 WG](https://www.facebook.com/113WG)

PROVEN · VIGILANT · READY

[www.113wg.ang.af.mil](http://www.113wg.ang.af.mil)

## May UTA training and events schedule

### Saturday, May 16

Start	End	Event	Location	POC	Phone
08:30	09:30	First Sergeant's Council Meeting	DFAC, Bldg 1626	MSgt Vance	857-6172
09:00	12:00	End of Course Testing (EOC) - PME/CDCs	CE Bldg 3236 Room 121	SMSgt Zayas	857-1211
09:00	11:00	ADWSR Training	Bldg 3213, WCR	SMSgt Thompson	857-5778
10:00	11:00	Career Path Retirement/ Separation Brief	CF Classroom Bldg. 3222	Ms. Moore	857-9746
10:30	11:30	DAWG Meeting	Bldg. 3282, Room A14	SMSgt Katt	857-6615
<b>11:30</b>	<b>12:30</b>	<b>Col Sarmiento's Promotion</b>	<b>CES Conference Room</b>	<b>SMSgt Katt</b>	<b>857-6615</b>
13:00	14:00	Motorcycle Annual Safety Training	Bldg 3213, WCR	SMSgt Thompson	857-5778

### Normal Hours of Operation

08:00	15:00	CPTF Customer Service	Trailer R62	SMSgt Brown	857-0678
08:00	15:00	FSS Customer Service	Trailer R62	SMSgt Levins	857-4012
09:00	12:00	Mobility and Clothing Issue	Bldg. 3212	MSgt Robinson	857-9316
08:00	15:00	CF Customer Service	Bldg. 3222	MSgt Noon	857-0714

\* Sexual Assault Prevention and Response (SAPR) training will be provided throughout May UTA. This is mandatory for all 113th Wing members. Please check the AEF calendar for date/time/location.

## 113th Wing Leadership

### Wing Commander

Brig. Gen. George M. Degnon

### Vice Commander

Col. Maren McAvoy

### Command Chief

Chief Master Sgt. Jeffrey Coombs



The *Potomac Air Monthly* is the official news publication for the 113th Wing, District of Columbia Air National Guard. The contents are not necessarily the official views of, or endorsed by the U.S. government, Department of Defense, Air Force, National Guard Bureau, or the D.C. Air National Guard.

## Public Affairs Staff

### Chief of Public Affairs

Maj. Michael R. Odle

### Public Affairs Officers

Capt. Renee Lee

Capt. Nathan Wallin

### Public Affairs Manager/Editor

Master Sgt. Craig Clapper

### Photojournalists

Senior Airman Jennifer Stone

Airman 1st Class Sumeana Leslie

Airman 1st Class Anthony Small

### Broadcast Journalists

Tech. Sgt. Tabitha Hurst

Senior Airman Justin Hodge

# May UTA training and events schedule

## Sunday, May 17

Start	End	Event	Location	POC	Phone
06:30	07:30	Chiefs Council Meeting	LRS Conference Room	CMSgt Thomas	857-3228
07:00	12:00	Fitness Testing	East Fitness Center	TSgt Marx	857-3997
07:30	08:30	Contemporary Service	CE Bldg 3236 Room 121	Lt Col Ch Bowen	857-1032
07:30	08:30	Catholic Mass	LRS Conference Rm	Lt Col Ch Bowen	857-1032
08:00	16:00	Newcomers Orientation	ANGRC, Sheppard Hall Rm 260	SMSgt Cumberbatch	240-462-1015
08:00	10:00	Medical/Dental Appointments ONLY	Bldg 3282, Room A14	SMSgt Katt	857-6615
09:00	10:00	USR Training	Bldg 3213, WCR	SMSgt Thompson	857-5778
09:00	11:30	HRE/ POSH Training & HRA Training	Bldg 3212, LRS Conf Rm	Maj D. Taylor	857-3238
09:00	12:00	End of Course Testing (EOC) - PME/CDCs	CE Bldg 3236 Room 121	SMSgt Zayas	857-3084
10:00	11:00	UIF Program Briefing	Bldg 3213, WCR	SMSgt Levins	857-1225
10:00	10:30	Medical Walk-ins	Bldg 3282, Room A14	SMSgt Katt	857-6615
12:00	13:00	Rising Six	LRS Conference Room	TSgt Fair	857-9888
12:00	13:00	TOP III	Bldg 3213, WCR	MSgt Osecky/SMSgt Katt	857-2349
13:00	14:00	CAIB Meeting	Bldg 3213, WCR	SMSgt Cumberbatch	240-462-1015
14:00	15:00	SMSgt Lott Promotion Ceremony	ANGRC, Bldg 3500, Ted Jackson Rm	SMSgt Katt	857-6615

## Normal Hours of Operation

08:00	15:00	CPTF Customer Service	Trailer R62	SMSgt Brown	857-0678
08:00	15:00	FSS Customer Service	Trailer R62	SMSgt Levins	857-4012
09:00	14:00	Mobility and Clothing Issue	Bldg. 3212	MSgt Robinson	857-9316
08:00	15:00	CF Customer Service	Bldg. 3222	MSgt Noon	857-0714



**Brig. Gen. George Degnon**  
113th Wing  
Commander

## Commander's Action Line

The Commander's Action Line gives all Airmen a direct link to the 113th Wing commander for any questions or suggestions regarding the 113th Wing.

The action line can be used to express constructive points of view on the policies and procedures of the wing, as well as discuss safety and security issues. The goal is to provide you with an accurate, timely response.

Airmen should use this tool after coordinating problems or concerns with supervisors, first sergeants or commanders. If you're not satisfied with the response or are unable to resolve the issue, e-mail the action line at [113WG.CAGL@ang.af.mil](mailto:113WG.CAGL@ang.af.mil).



**Chief Master Sgt. Jeffrey Coombs**  
113th Wing  
Command Chief

# May is Asian American Pacific Islander Heritage Month

By Capt. Jeffrey Haynes  
State Equal Employment manager

The theme for the observance of 2015 Asian American Pacific Islander Heritage Month is "Many Cultures, One Voice: Promote Equality and Inclusion."

The month of May was chosen to commemorate the immigration of the first Japanese to the United States on May 7, 1843, and to mark the anniversary of the completion of the transcontinental railroad on May 10, 1869. The majority of the workers who laid the tracks were Chinese immigrants.

A rather broad term, Asian-Pacific encompasses all of the Asian continent and the Pacific Islands of Melanesia (New Guinea, New Caledonia, Vanuatu, Fiji and the Solomon Islands), Micronesia (Marianas, Guam, Wake Island, Palau, Marshall Islands, Kiribati, Nauru and the Federated States of Micronesia) and Polynesia (New Zealand, Hawaiian Islands, Rotuma, Midway Islands, Samoa, American Samoa, Tonga, Tuvalu, Cook Islands, French Polynesia and Easter Island).

Like most commemorative months, Asian American Pacific Islander Heritage Month originated in a congressional bill. In June 1977, Reps. Frank Horton of New York and Norman



Y. Mineta of California introduced a House resolution that called upon the president to proclaim the first 10 days of May as Asian-Pacific Heritage Week.

The following month, senators Daniel Inouye and Spark Matsunaga introduced a similar bill in the Senate. Both were passed. On Oct. 5, 1978, President Jimmy Carter signed a Joint Resolution designating the annual celebration. Twelve years later, President George H.W. Bush signed an extension making the week-long celebration into a month-long celebration. In 1992, the official designation of May as Asian American Pacific Islander Heritage Month was signed into law.

## Save energy in the workplace

By Capt. Samuel Richardson  
113th Civil Engineer Squadron environmental officer

Tips to save energy in the workplace:

### Electronics

- Turn off computers, lights, and other equipment when not in use in your individual office- using more efficient power settings can help
- Unplug electronics and power strips in your individual office when leaving over the weekend or breaks!
- Buy/request environmentally preferred products through LIS such as recycled paper, Energy Star appliances, and compact fluorescent lightbulbs- your voice and opinion matter!

### HVAC

- Keep your blinds open during the day to ab-

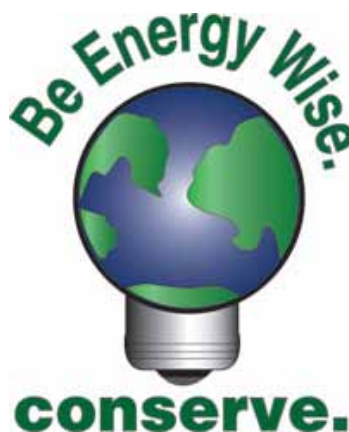
sorb sunlight, and shut the blinds at night to keep the warm air inside.

### Recycling

- Utilize the correct recycling bins for your empty containers, paper, soda cans. Make noise and request such containers if your work area doesn't have them already!

### Personal Habits

- Walk to other building on 113th WG campus instead of driving, helps keep you healthy too!
- Try bringing left-overs from home to reheat rather than leaving campus for lunch.
- Bring a steel water bottle, mug, etc. to refill rather than purchasing countless plastic bottled waters.
- Utilize task/sensor lighting when natural light is not available.



# Professional, unprofessional relationships in workplace

By Senior Master Sgt. Thomas Katt  
DCANG Top 3 President

AFI 36-2909, Professional and Unprofessional Relationships establishes the responsibilities of leaders and subordinates in maintaining professional relationships as well as preventing unprofessional relationships. It is imperative that we identify and maintain a clear distinction between the two of them in order to maintain morale, discipline, and respect for authority. While the senior ranking person in a relationship bears primary responsibility in maintaining professional relationships, all military members have personal responsibility for their own relationships.

Per AFI 36-2909, "Relationships are unprofessional, whether pursued on or off-duty, when they detract from the authority of superiors or result in, or reasonably create the appearance of, favoritism, misuse of office or position, or the abandonment of organizational goals for personal interests." They can exist between an officer and an officer, and officer and an enlisted, or between an enlisted and an enlisted. Fraternalism is one specific form of an unprofessional relationship between an officer and an enlisted member that is criminally punishable under the UCMJ. Please remember that unprofessional relationships are not necessarily romantic in nature. Any relationship that creates a perception that

detracts from morale, discipline, or mission accomplishment is unprofessional. Everyone has a duty to prevent unprofessional relationships. If you think a coworker is engaged in an unprofessional relationship, please speak to them. Have that candid conversation and explain why and what image is being portrayed.

Professional relationships contribute to effective mission execution and completion. They enhance morale and discipline of your organization. Participation by Airmen of all rank in organizational events, intramural sports, and community projects can enhance morale and unit cohesion. Professional relationships are personal interaction between members, often supervisor/subordinate. Open communication about career, duties, performance, and mission are crucial to professional relationships. It is everyone's responsibility to maintain the professionalism in their military relationships.

So how does one know the line has been crossed from a professional relationship to an unprofessional one? Professional relationships are always respectful and mission focused, you can start there. If all else fails, the Air Force Core Values of Integrity, Service, and Excellence should always point you in the right direction.



## *New Promotees*



### Master Sergeant (E-7)

Marsh, Michael K. - 113 SFS

### Technical Sergeant (E-6)

Amador, Richard A. - 113 MXS

Brothers, Nelson T. - 113 CES

Hinke, Brett C. - 113 MXS

Stockslager, Michael F. - 113 AMXS

### Staff Sergeant (E-5)

Airman Dalke, Nolan M. - 113 AMXS

Deters, Timothy B. - 113 MXS

Small, Nathaniel E. - 113 MXS

### Senior Airman (E-4)

James, Paul S. - 113 WG

### Airman First Class (E-3)

Sudduth, Ramari - 113 MXS

# Soaring High *in* Alaska



## DC Air Guard deploys for 'RED FLAG- Alaska'

By Airman 1st Class Anthony Small  
113th Wing Public Affairs

Nearly 200 Airmen and 10 Air Force F-16C Fighting Falcons from the 113th Wing, District of Columbia Air National Guard, deployed to Eielson Air Force Base, Alaska, which is located 25 miles south of Fairbanks, Alaska, in support of exercise Red Flag-Alaska.

Red Flag-Alaska, which runs from April 30 - May 17, is a multi-national, air combat training exercises involving multiple units whose military mission sets differ significantly from that of other participating units.

"Taking part in Red Flag-Alaska is about training in real-

istic environments under realistic circumstances," said Brig. Gen. George M. Degnon, 113th Wing commander. Red Flag ensures our Capital Guardians maintain the highest levels of proficiency and readiness for protecting our nation's Capital and their world-wide assignments."

All Red Flag-Alaska exercises take place in the Joint Pacific Range Complex over Alaska as well as a portion of Western Canadian airspace. The entire airspace is made up of extensive Military Operations Areas, Special Use Airspace, and ranges, for a total airspace of more than 67,000 square miles, slightly larger than the size of the state of Florida.

*Continued next page...*



121st Fighter Squadron pilots (l-r) Maj. Michael Trujillo, Maj. Jason Hawk, Col. Mark Valentine, 113th Operations Group commander, Maj. Matthew McDonough, 1st Lt. Charles Wilkinson, and Lt. Col. Chad Lewis, pose for a photo during Red Flag-Alaska. (Photo by Airman 1st Class Aaron Church)



(Above) Tech. Sgt. Mark Fox stands face-to-face with an F-16 Fighting Falcon as maintenance personnel make last-minute checks before take off at Eielson Air Force Base, during Red Flag-Alaska 15-2. (Below) Airman 1st Class Ashley Almeida and Master Sgt. Kennard Hughes walk outside “The Thunderdome” at Eielson AFB, May 14. (Photos by Capt. Nathan Wallin)



*Continued...*

“This is a great opportunity to train with allied nations and experience working with live munitions,” said Degnon. “This training simulates the first 10 days of combat in a war.”

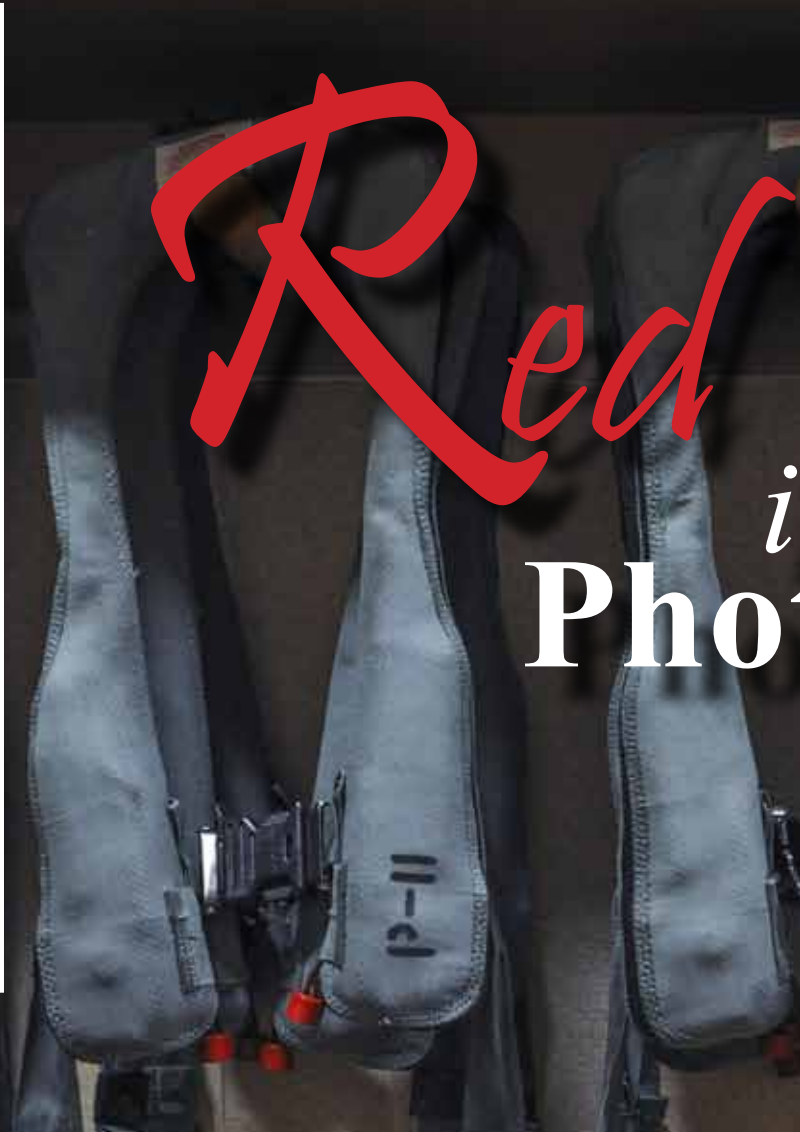
On average, more than 1,000 people and up to 60 aircraft deploy to Eielson AFB, and an additional 500 people and 40 aircraft deploy to Joint Base Elmendorf-Richardson, located 10 miles northeast of Anchorage, Alaska, for each Red Flag-Alaska exercise. Most participating Red Flag-Alaska units arrive a week prior to the actual exercise. During that time, aircrews may fly one or two range orientation flights, make physical and mental preparations, hone up on local flying restrictions, receive local safety and survival briefings, and work on developing orientation plans.

The 113th Wing provides air sovereignty forces to defend the Nation's Capital and also provides fighter, airlift and support forces capable of local, national and global employment.





Staff Sgt. Burney Williams, 113th Maintenance Squadron crew chief, stands ready on the flightline at Eielson AFB, AK, May 12. (Photo by Capt. Nathan Wallin)



A D.C. Air National Guard F-16 Fighting Falcon waits, ready for flight at Eielson AFB, May 12. (Photo by Capt. Nathan Wallin)



# Flag

n  
tos...



Fighter jets of the 113th Wing, D.C. Air National Guard leave a circular pattern of contrails in the sky over the flightline of Eielson AFB. (Photo by Capt. Nathan Wallin)



A D.C. Air National Guard F-16C takes off for an exercise sortie during Red Flag-Alaska 15-2 at Eielson AFB, May 9. (Photo by Airman First Class Aaron Church)

# 113th Wing adopts new ancillary training pilot program

Story and Photos by Senior Master Sgt. James Zayas  
113th Wing Base Education and Training Manager

On Sep. 1, 2014, the Air National Guard implemented a new ancillary training pilot program which included the Expeditionary Skills Rodeo.

Expeditionary Skills are defined as the knowledge, skills and abilities required of a deployment-ready Airman essential to prepare Airmen to survive, operate, and succeed in a deployed environment, while reinforcing a strong warrior ethos. All members of the 113th will be required to complete this training within three years regardless of Air Expeditionary Force assignment. The ESR will fulfill the AEF requirements for a 36-month period.

On April 25th the 113th Wing conducted our first ESR with 60 members from the 113th Security Forces Squadron and 201st Airlift Squadron receiving training. Lead by Senior Master Sgt. James Zayas, members completed an Introduction Facilitated Learning Module that consisted of six computer-based training programs to start the day. Then members were split into two groups to complete the Self-Aid Buddy Care breakout lead by Tech. Sgt. Jeremy Brunelle and the CBRN breakout lead by Staff Sgt. Tristan White.



Master Sgt. Jeffrey Brodeur, 113th Security Forces Squadron, demonstrates opening an airway during Self-Aid Buddy Care training.

This was a great start and gave us an idea of what we need to do to get better, bigger and more efficient. This will need to be a Wing effort to ensure we are providing quality, effective training so members can deploy anytime within a three year window and feel confident going out the door. We ask all members of the Wing to check their mobility bags and let their leadership know if they require any equipment, to include an Airman's Manual, so they will be prepared when they show up for training, this is not the time to find out you don't have something.

Our next Rodeo will be during the October drill when we plan on training 160 members, then January 2016 when we will train two groups of 160 members each, again we have to get bigger, better and more efficient fast.



Tech. Sgt. Jose Perez applies M-9 tape on a Chemical Biological Radiological Nuclear (CBRN) suit.



113th Wing members perform M-50 gas mask inspections during the Rodeo event.



## Award Winner!

Senior Master Sgt. Louis Ring, 113th Wing Safety, D.C. Air National Guard, receives the ANG Outstanding Individual Weapons Safety Manager Award for 2014 at the Hyatt Regency, Albuquerque, N.M., May 12, 2015. Mr. Darryl Ford, National Guard Bureau Chief of Weapons, Chief Master Sgt. Fritz Glass, NGB Chief of Ground Safety, and Lt. Col. Craig Babbitt, Chief of Flight Safety, presented the award to Ring. (Courtesy Photo)



## Denim Day

113th Communications Flight members show off their denim to increase awareness of Sexual Assault Prevention and Response month Apr. 29. (Photo by Master Sgt. Craig Clapper)

# Search and Recovery Team evaluation begins

Story and Photos by Airman 1st Class Anthony Small  
113th Wing Public Affairs

**VIRGINIA BEACH, Va.** - Airmen of the District of Columbia Air National Guard's 113th Wing Fatality Search and Recovery Team headed south to Virginia Beach yesterday to undergo an intense six-day skills evaluation. The evaluation will test D.C. Air National Guard capabilities in search and extraction, decontamination, medical and command and control.

"This is a unique capability that only the Air National Guard possesses, and it's an essential capability for domestic support operations," said Master Sgt. Dan Marx, 113th FSRT Non-Commissioned Officer In Charge. "This skill will allow us to provide short notice assistance to local, state and federal agencies."

The Fatality Search and Rescue mission is tied directly to the National Guard's domestic support function and will allow the D.C. Air National Guard to contribute to the National Capitol Region's strategic preparation in the event of a natural or man-made disaster.

"Team members have specialized training and equipment which allow them to operate in a broad spectrum of environ-



Tech. Sgt. Chito Reyes briefs Bravo Team members during CBRN Emergency Response Force Package training and evaluation in Virginia Beach, Va., May 14.

ments, including nuclear, biological or chemical response," said Marx.

*\*Be sure to check out next month's Potomac Air Monthly for a complete wrap-up of the FSRT evaluation.*



Team Bravo members in Chemical, Biological, Radiological, Nuclear suits participate in the Fatality Search and Recovery Team evaluation at Virginia Beach, Va.



Members of the 113th Wing Fatality Search and Recovery Team put up a tent during SERFP training and evaluation.



Tech. Sgt. Chito Reyes suits up during CERFP training and evaluation. Reyes is a part of the 113th Wing Fatality Search and Recovery Team.



Master Sgt. Dan Marx unloads a trailer during CERFP training and evaluation, May 14.



Members of the 113th Wing Fatality Search and Recovery Team put up a tent during SERFP training and evaluation.

# It's here! Critical Days of Summer starts Memorial Day

By Senior Master Sgt. Glenn Thompson

113th Wing Safety

The most critical time of the year — Memorial Day through Labor Day — has been written in blood, pain and tears through time past. It still does to this very day, and probably always will.

Time and time again, this has been proven to be the most deadly and dangerous time of the year for Air Force family members — mostly due to carelessness, which is the contributory root cause that generally maims and kills more of people (but especially during this unforgiving time of the year) than anything else.

All Air Force family members must take it upon themselves to assume full personal responsibility for their actions. They must continually employ the Wingman concept, personal Risk Management and the mindset of “Think Before You Act.” It is extremely imperative that management and supervision is constantly involved in risk mitigation by being actively involved in employee safety education and showing sincere concern.

To echo words spoken from a past leader, “We need inspiring leadership from commanders, directors, chiefs, first sergeants and supervisors at every level. We must pull together as One Materiel Command.”

The good Wingman concept is highly encouraged amongst all the family. Intervene when a fellow Airman, friend or family member has had too much to drink or is about to make a bad decision.

Despite the constant reminders that safety is a top priority, there are still activities in which Airmen are less likely to be careful:

- Automobile speed too fast for conditions
- Motorcycle riders not using the proper personal protective equipment such as helmets, clothing and footwear
- Vehicle operators drinking alcohol then operating a vehicle
- Not knowing individual limitations while engaged in water sports.

All of the above beg the million-dollar question: How can the preventable be prevented? Individuals should be held more responsible for their actions. Airmen should be educated on, be constantly reminded of and know the facts about the “Line of Duty Determination” process. If people knew for a fact that they would be made to pay for their medical bills as a result of their actions, or their families would not receive their insurance

payouts, it would be one method for driving home the fact to the small percentage who insist on doing their own thing.

To ensure safer practices, Safety training comprising of on and off-duty topics must be a constant. Management and front-line supervisors are the main avenue for directing safety information downward and they must ensure that each and everyone of their subordinates is fully aware of the dangers involved and the measures that must be taken to mitigate all risks but especially summertime risks. Officials at the 113 Wing Safety office wish all a safe summer and by all employing proper personal risk management, we should meet again at the end of the 2015 Critical Days of Summer.



E-MAIL STORIES AND PHOTOS TO  
CRAIG.S.CLAPPER.MIL@MAIL.MIL



# Eat Wings. Raise Funds.

Help raise money for your favorite non-profit organization.



YOU are invited to participate in a Fundraiser for the **Wing Family and Diversity Day Celebration**

**Saturday May 16<sup>th</sup> All Day Event**

Everyone is invited to gather at

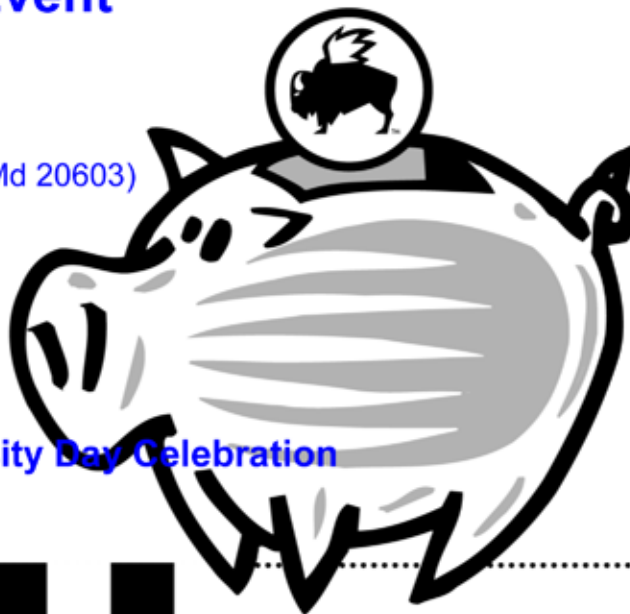
Buffalo Wild Wings® (11215 Mall Circle Waldorf Md 20603)

for lunch, dinner or a snack

On this day, 10% of all food purchases

accompanied by the certificate below will

Be donated to **the Wing Family and Diversity Day Celebration**



## EAT WINGS. RAISE FUNDS™. IT PAYS.

On the day of your event, Buffalo Wild Wings® will donate 10% of all pre-taxed sales (less promotional discounts) from any guest that presents this fundraising ticket.

We look forward to helping your organization meet its financial goals. Together, we can make a positive impact and help keep our community working and playing together.

(Present this ticket to your server on the date & time listed below)

**DCANG TOP III COUNCIL**

May 16, 2015 • 11:00 AM

11215 Mall Circle St. Charles Towne Center • Waldorf, MD • 301-885-0614

**BUFFALO  
WILD  
WINGS**



**ADMIT ONE**

©2015 Buffalo Wild Wings, Inc.

113TH WING  
PRESENTS

JULY  
18TH

FAMILY

2015

DAY!

**FOOD, BEVERAGES, AND EVENTS FOR ALL AGES**

OPEN TO **ALL** CURRENT AND FORMER DCANG MEMBERS & THEIR FAMILIES

LOCATION: **SANDY POINT STATE PARK** ANNAPOLIS, MD

TIME: 12PM - 5PM

FOR MORE INFORMATION, CONTACT:

**SMSGT THOMAS KATT** @ (240) 857-6615 / **THOMAS.A.KATT.MIL@MAIL.MIL**

**MRS. PATTY RUSSELL** @ (240) 857-2178 / **PATTY.A.RUSSELL.CTR@MAIL.MIL**

[HTTPS://EINVITATIONS.AFIT.EDU/INV/ANIM.CFM?I=228309&K=00634A0A7B5E](https://einvitations.afit.edu/inv/anim.cfm?i=228309&k=00634A0A7B5E)

