

OFFICIAL MAGAZINE OF THE DISTRICT OF COLUMBIA AIR NATIONAL GUARD

# POTOMAC

## *Air Monthly*

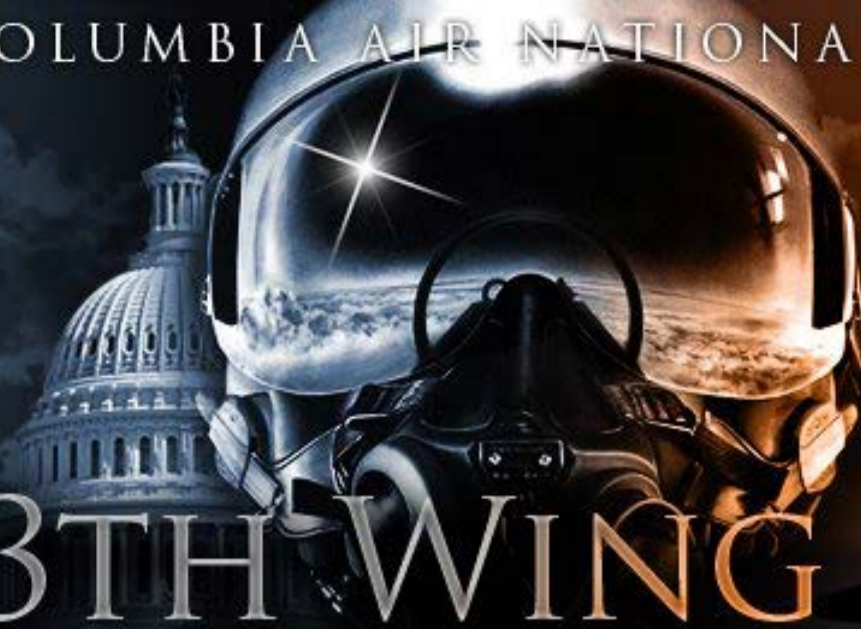
May 2016



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# 113TH WING

## CAPITAL GUARDIANS

### Potomac Air Monthly

**113th Wing Commander**

Brig. Gen. George M. Degnon

**113th Wing Vice Commander**

Col. Robert Bowie

**113th Wing Command Chief**

Chief Master Sgt. Kimberly Turner

**Chief of Public Affairs**

Maj. Michael Odle

**Public Affairs Officers**

Maj. Renee Lee

Capt. Nathan Wallin

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**Photojournalists**

Tech. Sgt. Eric Ritter

Senior Airman Erica Rodriguez

Senior Airman Jennifer Stone

Senior Airman Anthony Small

**Broadcast Journalists**

Tech. Sgt. Tabitha Hurst

Staff Sgt. Justin Hodge

Senior Airman Terace Garnier

#### Air Force Core Values

*Integrity First, Service Before Self, Excellence in All We Do*

#### Mission

*The 113th Wing will defend the National Capital Region, provide exceptional lift to enable global engagement of national leaders, provide resilient fighter and support forces capable of rapid global employment and support the District of Columbia and local communities.*

#### Vision

*To be an elite team of citizen Airmen, prepared for any mission, serving locally, defending nationally, and engaging globally.*

### Commander's Action Line



Brig. Gen.  
George Degnon  
113th Wing  
Commander

The Commander's Action Line gives all Airmen a direct link to the 113th Wing commander for any questions or suggestions regarding the 113th Wing.

The action line can be used to express constructive points of view on the policies and procedures of the wing, as well as discuss safety and security issues. The goal is to provide you with an accurate, timely response.

Airmen should use this tool after coordinating problems or concerns with supervisors, first sergeants or commanders. If you're not satisfied with the response or are unable to resolve the issue, e-mail the action line at [113WG.CAGL@ang.af.mil](mailto:113WG.CAGL@ang.af.mil).



Chief Master Sgt.  
Kimberly Turner  
113th Wing  
Command Chief

#### CONTACT INFORMATION

Phone: 240-857-4867

DSN: 857-4867

Email: [113wg.pa.mil@mail.mil](mailto:113wg.pa.mil@mail.mil)

# May UTA training and events schedule

## Thursday, May 19

Start	End	Event	Location	POC	Phone
09:00	12:00	End of Course Testing (EOC) - PME/CDCs	CE Bldg 3236 Room 121	SMSgt Zayas	857-3084
14:30	16:00	Green Dot Training (sign up on ARCNET)	Hangar 8 training room	MSgt Dietrich	857-4678

## Friday, May 20

13:00	14:00	Initial Records Management Training	Bldg 3213, WCR	MSgt Tjarks	857-7308
16:30	17:00	Wing All Call	Hangar 16	Maj Lee/ Capt Piccirillo	857-2810

## Normal Hours of Operation (Thursday and Friday)

08:30	14:00	CPTF Customer Service	Trailer R62	SMSgt Brown	857-0678
07:30	15:00	FSS Customer Service	Trailer R62	SMSgt A. Wilson	857-4012

## Saturday, May 21

08:30	09:30	TSgt Brandt Promotion Ceremony	CE Conference Rm	SMSgt McCabe	857-6145
09:00	12:00	End of Course Testing (EOC)	CE Bldg 3236 Room 121	SMSgt Zayas	857-3084
09:00	11:00	Medical Appointments ONLY (Profiles)	Bldg 3282, Room A14	CMSgt Katt	857-6615
10:00	11:00	DCG-Air Change of Responsibility	DC Armory	Capt Wong	325-9852
13:00	14:00	Chapl., Capt Cooper Promotion Ceremony	CE Conference Rm	TSgt Finney	857-1032
14:30	15:30	TSgt Dalton Promotion Ceremony	CE Conference Rm	SMSgt Brown	857-0678

## Normal Hours of Operation

08:30	15:00	CPTF Customer Service	Trailer R62	SMSgt Brown	857-0678
09:00	15:00	FSS Customer Service	Trailer R62	SMSgt A. Wilson	857-4012
09:00	15:00	Mobility and Clothing Issue	Bldg. 3212	MSgt Robinson	857-9316
09:00	15:00	CF Customer Service	Bldg. 3222	MSgt Noon	857-0714

## Sunday, May 22

07:00	12:00	Fitness Testing	East Fitness Center	SMSgt Brown/MSgt Marx	857-3997
07:30	08:30	Contemporary Service	CE Bldg 3236 Conference Rm	Ch Lt Col Bowen	857-1032
07:30	08:30	Catholic Mass	LRS Conference Rm	Ch Lt Col Bowen	857-1032
08:00	10:00	Medical/Dental Appointments ONLY	Bldg 3282, Room A14	CMSgt Katt	857-6615
09:00	11:00	POSH/ HRE Training	LRS Conference Rm	TSgt Green	857-3238
09:00	12:00	End of Course Testing (EOC)	CE Bldg 3236 Room 121	SMSgt Zayas	857-3084
10:00	11:00	MSgt Flick Promotion Ceremony	ANGRC, Ted Jackson Auditorium	SMSgt S. Wilson	857-7167
10:00	10:30	Medical Walk-ins	Bldg 3282, Room A14	CMSgt Katt	857-6615
13:00	14:00	IDS Meeting	Bldg 3213, WCR	Maj Lee	857-6464
13:00	14:00	CMSgt Baker Retirement Ceremony	CE Conference Room	SMSgt S. Wilson	857-7167
14:30	16:00	Green Dot Training (sign up on ARCNET)	LRS Conference Rm	MSgt Tjarks	857-7308
14:30	16:00	Green Dot Training (sign up on ARCNET)	JB Harris CR- Hangar 16	Lt Fredericks	857-6900
15:00	16:00	MSG Commanders Call	ANGRC, Ted Jackson Auditorium	Mrs. Sepulveda	857-3881

## Normal Hours of Operation

08:30	14:30	CPTF Customer Service	Trailer R62	SMSgt Brown	857-0678
08:00	14:30	FSS Customer Service	Trailer R62	SMSgt A. Wilson	857-4012
09:00	14:30	Mobility and Clothing Issue	Bldg. 3212	MSgt Robinson	857-9316
09:00	14:30	CF Customer Service	Bldg. 3222	MSgt Noon	857-0714

## Council Meetings

12:00	13:00	Chiefs Council Meeting (Saturday)	LRS Conference Rm	CMSgt Thomas	857-3228
13:00	14:00	Rising Six (Sunday)	CE Bldg 3236 Conf.Rm.	TSgt Fair	857-9888
12:00	13:00	TOP III (Sunday)	Bldg 3213, WCR	MSgt Osecky	857-2349



# *New Promotees*

## Senior Master Sergeant (E-8)

Flick, Noah T.

## Technical Sergeant (E-6)

Como, Tia M.

## Staff Sergeant (E-5)

Booker, Marcie

Flores, Jason D.

George, Ethan M.

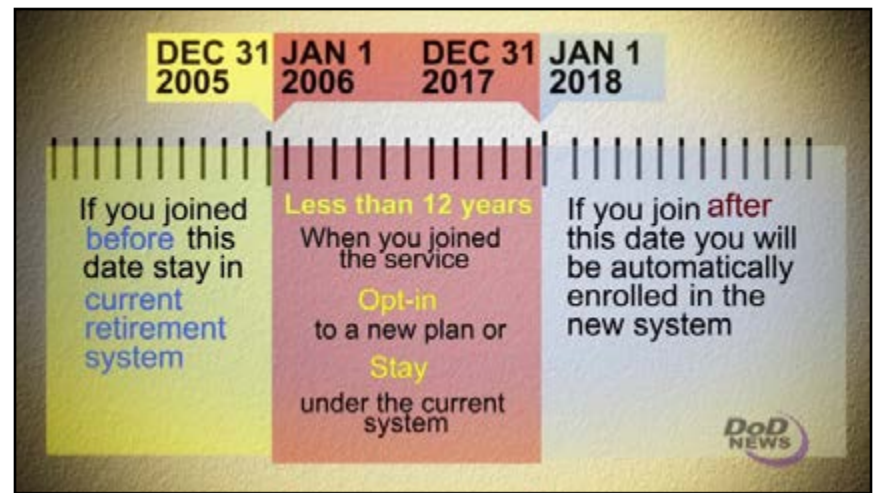
## Senior Airman (E-4)

Bennett, Travis L.

Small, Anthony L

Sudduth, Ramari N.

Suyat, Charleschester C.



## DoD Plans Benefit Revision with ‘Blended Retirement’

Changes to the military’s retirement system could have a big impact on the way you invest in your future. Department of Defense breaks down the new system in this video.



## The Catastrophic Success of The U.S. Air Force

Today’s Air Force is faced with new challenges to maintain our Air Superiority. This article takes a deeper look into issues the new Air Force will face.

# *Understanding the importance of AtHoc*

## ***What is AtHoc?***

AtHoc provides a comprehensive crisis communication and mass notification solution that unifies all channels and devices, empowering organizations, people, and communities to communicate and collaborate during critical events.

AtHoc is certified by Department of Homeland Security for its level of security. AtHoc enables organizations ranging from units to MA-JCOMs to communicate and collaborate with greater effectiveness, authority, and control in times of crisis. The system also can conduct personnel recalls, personnel accountability, emergency management operations, and interagency communication. It has flexible deployment options that safeguards your important personal information. Hundreds of Defense Department installations, including JBA, are already utilizing this system.

## ***Why would we use At-Hoc? What examples would it be good for?***

The wing would Utilize AtHoc in any exercise or real-world situation to include, but not limited to Active Shooter, Tornado, Hurricane, etc.

## ***How are unit members able to ensure they get information via At-Hoc?***

-To receive information/notifications via AtHoc all members need to accomplish the following from a network computer:

1. Left click on the tool tray (bottom right corner on desktop)
2. Right-click on the Purple Globe icon.
3. Select “Access Self Service.”
4. Select the “My Info” tab and update your Last Name, First Name, and Display Name and save.
5. Select the “Devices” tab and enter your work and personal contact information in the appropriate mandatory and optional device fields. (Note: Your ability to receive alerts on home phones, cellular phones, pagers, and email addresses, depend upon information entered into the mandatory and optional device fields.)
6. SAVE.
7. Update your profile any time you have a change.



Chief Master Sgt. Kimberly Turner and Airman Cody Charles cut the ceremonial cake during the ‘Celebration of Service’ comedy show on Joint Base Andrews, Md., May 5. The show celebrated Military Appreciation Month, the 5th Anniversary of Joining Forces and the 75th Anniversary of the USO. Nearly 1,500 service members, veterans and their families were on hand to see performances by Judd Apatow, Mike Birbiglia, Kristen Schaal, Hasan Minhaj, John Mulaney and Jeff Ross.

## ‘A Celebration of Service’ held at JBA

Story and photo by Airman 1st Class Philip Bryant  
11th Wing Public Affairs

President Barack Obama, Vice President Joe Biden, the first lady Michelle Obama and the second lady Jill Biden kicked off a USO comedy show celebrating Military Appreciation Month, the 5th Anniversary of Joining Forces and the 75th Anniversary of the USO at Joint Base Andrews, Maryland, May 5, 2016.

“I’m so glad we are able to do something here, so that you guys know we don’t take you for granted,” President Obama said. “This is a nice way for me to, not just say thank you for your service, but to give a particular thanks to Joint Base Andrews, the home of the 89th Airlift Wing, because Joe and I spend a little time on this base.”

A joke from our Commander-in-Chief kicked off the lighthearted night.

Approximately 1,500 service members, veterans and their families from the National Capital Region attended ‘A Celebration of Service’.

“The Airmen and Sailors here at Joint Base Andrews are proud that we’re able to host this and be a part of this celebration,” said Col. Brad Hoagland, commander of the 11th Wing and Joint Base Andrews.

The event presented by the USO and Joining Forces was hosted by USO tour veteran Jon Stewart.

“I think the military bears the onus of the entire fight and it’s only a very small percentage, so this is our way to try and bring attention to all the effort they’re giving and the lack of effort the rest of us are giving,” Jon Stewart said. “It also makes you feel great to have an audience that seems extremely happy to see you, and yet is so much braver than you.”

The celebration featured comedic talent such as David Letterman, Judd Apatow, Mike Birbiglia, Kristen Schaal, Hasan Minhaj, John Mulaney and Jeff Ross.

“[The show] was awesome,” said Senior Airman Ralph Fogg, 744th Communications Squadron radio frequency transmissions journeyman. “My favorite performance was Jeff Ross. The biggest forehead joke was hilarious.”

USO centers, nationally and internationally, held live viewing parties of the event letting service members from around the world share in the laughter.

“[Doing USO tours] is an incredible experience,” Stewart. “To see their sacrifice and for us to be able to honor that with crappy jokes.”

[More highlights of the 75th Anniversary event](#)

# Important financial information

By 113th Comptroller Flight

UTA Pay date –June 3, 2016

Customer Service Hours – 0830 -1500

## **Reminders:**

**Military Pay Outstanding Order:** Please check for outstanding Military Pay order by logging into AROWS- click on awaiting action or In Progress. If there is outstanding Military Pay Order you will see the link to click on to e-certify your AROWS order for pay.

**Outstanding Travel Order in DTS:** Please check for outstanding travel order by logging into DTS: Under Review/Sign Tab select Digital Signature, The routing status will be separated in two sections: Pending Actions-waiting for approval or review and Document History-completed routing.

**SATO Declines:** Members must ensure new chip + PIN is correct in DTS. When booking flights SATO will decline your GOVCC if your expiration month and year is incorrect.

## **SATO**

SATO is open and available 24 hours a day. For SATO 24 hours a day call 1-800 705-7286. In addition, assistance is available at the 113th TMO office. Please call TSgt Luna or TSgt Edwards at 240-857-3211 during normal business hours.

## **Purchasing Airfare**

DO NOT purchase your airline ticket at the TICKET COUNTER! Most tickets cost up to 3 times the government rate and the JTR prohibits the reimbursement over and beyond the cost of the government rate to fly you to your TDY location. If you get to the airport and find out you do not have a ticket, call the 24-hour SATO line at 1-800-705-7286

## **myPay**

- The most convenient way to view your Leave and Earning Statement (LES) AND manage your account is through myPay. myPay provides faster service, security, accessibility and reliability to all DFAS customer worldwide.
- Following transactions are available for members in myPay: update EFT information, correspondence address, start Traditional TSP and Roth TSP, print out Tax Statement ( W-2)

## **GTCC Delinquencies**

•Cardholders are responsible for payment in full of the undisputed amount stated on the monthly billing statement by the due date indicated on the statement. Accounts are considered past due at 31 days past billing and delinquent if unpaid 60 days after the billing date. Cardholders are responsible for payment regardless of the status of their travel reimbursements.



## COMPLIMENTARY SEMINAR

# Do You Know Your Service Member TSP Options?

What are your choices?

Please join the Family Program Office's Transition Assistance Advisor in partnership with Navy Federal Financial Group to learn more on what options are available to you.

### Two opportunities to attend:

- 24 May from 0900-1000 in the Family Readiness Center, DC Armory
- 2 June from 1045-1145 in the CE Conference Room, BLDG 3236 (behind white trailer next to BLDG 3252), Andrews AFB

To register, contact Rickey Hopkins at 202.685.9944 or [rickey.l.hopkins.ctr@mail.mil](mailto:rickey.l.hopkins.ctr@mail.mil)



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# Military Makeover: DC Airmen volunteer to renovate local home

Story and photos by Capt. Nathan Wallin  
113th Wing Public Affairs

While many of us were still asleep on the Saturday morning of April 30, a group of 20 D.C. Air National Guard Airmen arrived at Forestville, Md., with one goal: to make a difference in their community, especially for one individual.

Forestville community member 73-year-old Grace Williams lived in a 1951 home in need of dire repairs. Prince George's County's "Christmas in April" program provided Williams the opportunity to welcome the DCANG construction specialists to repair her 65-year-old home.

"This is an excellent opportunity and we've got the perfect line-up," said Col. Robert D. Bowie, 113th Wing Vice Commander. "We've got folks here that have a lot of different skills."

The DCANG's 113th Wing Civil Engineering Squadron and the ANG Readiness Center volunteers included plumbers, electricians, structural engineers and command staff, all ready to put their skills to use. The volunteer group landscaped Williams' yard, installed new fences, mended leaky roofs and poured fresh concrete. The group also replaced old appliances with new ones.

The project was a win-win for the Wing. As members of the local community, the 113th Airmen demonstrated their commitment and service to their local community, and this also provided them with a real-world training opportunity.

"A lot of civil engineering people volunteer because this is what we do on a daily basis," said Senior Master Sgt. Sterlin Wilson, 113th Wing project manager. "We go into these places and find that they need a lot of repairs."

At the Forestville home, the volunteers ripped open and replaced an interior wall, patched two roofs, fixed a dangerous tripping hazard in the front walkway and installed a new washer, dryer, dishwasher and an oven.

"That roof job was critical," Bowie said. "The repair saved the homeowner nearly \$5,000. That critical repair likely saved her roof."

Overwhelmed by emotion and gratitude, Williams choked back tears as she thanked the volunteers, both in the beginning and end of the construction.

"Y'all gave up your Saturday to help me," she said. "I'm so grateful."

Bowie stressed the importance of the good community relations the National Guard has with their surrounding communities.

"We're here, we live here, and we're going to be back with this program year after year," he said.

At the end of work day the volunteers' boots were dirty, their hands were calloused. But their faces, some messy with dirt and dust, all were smiles.

"I cannot express to you how it makes me feel," said Williams. "Just sitting here talking to you is making tears come to my eyes because of the joy. It's such a blessing."



Volunteers from the 113th Wing came together to make repairs to the home of Grace Williams, 75, as part of the Prince George's County's Christmas in April program in Forestville, MD, April 30. The program allowed for the members of the DCANG to give back to their community and help those in need.



113th Wing Civil Engineering Squadron members Larry Countiss, Capt. Matt Duller and Senior Master Sgt. Sterlin Wilson assess the repair needs of an interior wall Saturday, April 30, 2016 during a Christmas In April renovation project in Forestville, Maryland.



Volunteers from the 113th Wing, District of Columbia Air National Guard make repairs to the home of Grace Williams as part of the in Prince George's County's Christmas in April program in Forestville, Md., April 30, 2016. The program is one avenue that members of the DCANG use to give back to their community and help those in need.

[View Video](#)

# Air Force Chief of Staff

## 2016 Reading List



- [Hit the Target](#)
- [The Air Force Way of War: U.S. Tactics and Training after Vietnam](#)
- [Skunk Works](#)
- [Blind Spot](#)
- [The Blue Zones Solutions](#)
- [It Worked for Me: In Life and Leadership](#)
- [Risk Intelligence](#)
- [The ISIS Apocalypse](#)
- [Putinism](#)
- [At All Costs](#)
- [Leaders Eat Last](#)
- [Thinking, Fast and Slow](#)



## Quest for Zero: My job, My life, My choice

### 113th Wing Safety Office

Quest for Zero, if you have never heard the term, is the newest campaign for safety. Quest for Zero replaces the traditional Wingman Day, 101 Critical Days of Summer, and other traditionally long standing campaigns. Quest for Zero was developed to help focus our safety efforts back towards on duty mishaps. On duty mishap prevention is where we can make the biggest difference in keeping our airman safe. This does not mean we no longer care about off duty activities; we just focus more towards on duty safety so airman can take what they learn home to stay safe off duty as well. AFSEC developed this campaign with the prevailing thought that “we are spending more time on off duty mishaps that we have very little control over and less time with on duty mishaps that we can have a greater impact.”

Here are some Workplace Safety Tips Every Employee Should Know to help you inform your own workers and create a workplace safety environment based on shared responsibility:

**Be Aware Of Your Surroundings:** This step requires knowing the particular hazards of your job or workplace. Once you’ve learned these risks, you are able to keep clear of potential hazardous areas, and potential hazardous situations. Also, always be alert of machinery.

**Report Unsafe Conditions To Your Supervisor:** Your supervisor needs to be informed about any workplace safety hazards or risks. They are legally obligated to ensure their employees have a safe working environment and will take care of the unsafe conditions and make them safe for you and your coworkers.

**Reduce Workplace Stress:** Stress can lead to depression and concentration problems. Common causes of workplace stress include long hours, heavy workload, job insecurity and conflicts with co-

workers or managers. Take your concerns about workplace stress to your supervisor to see how they might help you address them. Wear the Correct Safety Equipment: If you’re not wearing the correct safety equipment for a task, you may get injured. Depending on the job, equipment like earplugs, earmuffs, hard hats, safety goggles, gloves or a full-face mask greatly reduce the risk of workplace injury.

The first three-day holiday weekend of the summer is almost upon us. We all have various activities scheduled for the weekend, which may include cookouts, picnics, boating, swimming, motor sports, work around the house, etc. No matter what you have planned, please make safety a part of your weekend. Make your weekend an enjoyable weekend and not a weekend of tragedy. Don’t become a headline on the nightly news.

Be careful with the lighter fluid, wear that life vest, be careful on the ladder . . . you know what to do. Take an extra moment and ensure that everything you are doing is being done safely. Don’t become a statistic of tragedies for the holiday weekend. If you’re traveling this weekend, be extra careful on the road. Many people will be out and about with many things other than driving on their mind. Keep safety in mind at all times. Enjoy your days off . . . you deserve them, but be safe. . . It will make the weekend more enjoyable.





# In case you missed it....



113th Wing members represent the wing at the Annual Joint Base Andrews half-marathon. (Courtesy photo)



113th Security Forces Squadron reporting from the Alpena Combat Readiness Training Center. (Courtesy photo)



The Profession of Arms Center of Excellence film Airmen from Joint Base Andrews at the Air Force Memorial April 26. The short film will highlight the combined forces of active duty Air Force, Air Reserve and Air National Guard components of the U.S. Air Force. (Photo by Master Sgt. Craig Clapper)

# Capital Guardians Bowling Extravaganza

*"Each One Bring One"*



New members are invited to bring family and friends out to enjoy a night of FREE bowling, food and drinks. The 113th Wing recruiters will be available for new members and friends to discuss any questions or request any information at the event.

Goodie bags will also be handed out!

RSVP's are encouraged with the POCs below

When: May 21, 3 p.m.- 6 p.m.

Where: Parkland Bowling Alley

5700 Silver Hill Road, Forestville, MD 20747

POC: Senior Airman Tamika Woodard 240-462-1015

Tech. Sgt. Nicolette Marshall 202-270-1666