

POTOMAC

AIR MONTHLY

Nov 2012

A photograph of a man in a military uniform holding a young girl. The man is looking at the girl with a smile. The girl is wearing a brown jacket and has two yellow bows in her hair. Other people in military uniforms are visible in the background.

113TH SFS RETURNS HOME

CHECK OUT THE 113 WING'S
OFFICIAL FACEBOOK PAGE!

[HTTP://WWW.FACEBOOK.COM/PAGES/113TH-WING-OFFICIAL](http://www.facebook.com/pages/113th-Wing-Official)

PROVEN · VIGILANT · READY

Combined Federal Campaign season is here **New regulations in AF Instruction 1-1**

By Tech. Sgt. Craig Clapper
Editor

The Combined Federal Campaign kicks off for the 113th Wing on Friday, Nov. 2, in the Wing auditorium at 1:00 p.m. Please attend and be a part of the most successful campaign to date! For more information and/or to donate to CFC, please contact the unit representatives below. See you at the kick-off!

Point of Contacts:
Capt. Brad Lampel, 201 AS, DCANG
Master Sgt. Chris Hager, 121 FS, DCANG
Staff Sgt. Rebecca Katt, 201 AS, DCANG
Website: www.cfcnca.org



201st AS flies first lady across U.S.

By Tech. Sgt. Craig Clapper
Editor

As the 2012 presidential election draws closer, President Barack Obama has been traveling around the country, speaking to the voting public as is common in an election season. While the President is traveling on the campaign trail, First Lady Michelle Obama has been traveling quite often as well. What may surprise you is the first lady's main mode of transportation has been aboard a C-40 operated by the 201st Airlift Squadron, 113th Wing, D.C. Air National Guard.



The 201st has been flying the First Lady for the last two years and have provided transportation for 90 percent of her travels. Pilots, flight attendants, maintenance, and security personnel fly with Mrs. Obama, providing the utmost professionalism on each and every trip. Maj. Michael Ethridge, 201 AS pilot, enjoys being the "First Lady's airlift of choice" and understands how important the mission is to complete with 100 percent success.

"I have personally flown between eight to ten First Lady of the United States (FLOTUS) missions and before every flight, we ensure the safety and security of not only the First Lady but of all the passengers on board," said Major Ethridge. "We look over the most minute details, from proper crew rest to security precautions, so every trip is considered zero tolerance for failure."

For each mission flown, a mix of pilots and flight attendants come together between the 201 AS and the 1st Airlift Squadron, 11th Wing, Joint Base Andrews, Md. The 201 AS began sharing the FLOTUS missions from the 1 AS in 2010. Master Sgt. Jodie Zwolinski, lead flight attendant from the 1 AS, has many years of experience on the job and believes the transition to working with the 201 AS has been very smooth.

"Everyone at the 201 AS has been very professional and I cannot recall any problems we've had on the FLOTUS missions. As long as people are consistent and know to anticipate and be ready for any issues that may arise, everything usually turns out great," said Sergeant Zwolinski.

The flight attendant position is the most visible to the first lady and only the best people are picked to be in such a position.

"Not everyone can be a flight attendant, especially for high visibility, 'no room for error' trips like these," said Tech. Sgt. Shant Palouljian, 1 AS flight attendant. "The person who interacts with the first lady has to be a model of the whole-person concept. He/she has to be a people person, a team player, and be very proficient at the job."

As expected, the FLOTUS missions can be taxing, both physically and mentally, but with proper planning, coordination, and having the Air Force core values by their side, the members of the 201 AS are ready to continue supporting the FLOTUS missions and much more in the future.

"As long as we continue to perform at the highest level, I think that WHMO will continue to request us well into the future." Said Maj. Jason O'Brien, 201 AS Assistant Director of Operations.

By Airman 1st Class Phillip Houk
460th Space Wing Public Affairs

BUCKLEY AIR FORCE BASE, Colo. -- New regulations were included in the release of Air Force Instruction 1-1 that affect all Air Force members and could make new actions punishable by the Uniform Code of Military Justice.

"According to Article 92 of the UCMJ, any violation of an AFI (could fall) under dereliction of duty," said Capt. Eric McCutchen, 460th Space Wing Judge Advocate chief of military justice, "but at the same time, most commanders do not pick random things out of AFIs and Article 15 or court martial Airmen for them."

The Secretary of the Air Force released AFI 1-1 Aug. 7. This document references many previous AFIs in order to clarify and restate important instructions.

"I would say that Airmen are on extra notice about these," said McCutchen. "These parts are really important and ones that Airmen need to make sure are done."

One significant change is the inclusion of guidelines surrounding the use of social media.

The AFI states Airmen must avoid offensive and inappropri-

ate behavior on media sites and on other forms of communication. Such conduct could bring discredit upon the Air Force or

"According to this section, if you do anything that would bring discredit to the Air Force and your Facebook page says you work for the USAF, your actions (could be) punishable under this AFI as a dereliction of duty," McCutchen stated.

Other important changes to the regulation include guidelines regarding professional activities, dependent care, housing and many others.

"This AFI is essentially almost like a CliffsNotes of what you need to be worried about," said McCutchen.

This AFI is not only important from a legal standpoint, but also important for Airmen's daily activities.

"As with any policy within the Armed Forces, each Airman has a responsibility to understand the rules and regulations important to them," said Master Sgt. Brandy Sharp, 460th Mission Support Group first sergeant. "All Airmen should read this AFI in order to be cognizant of their duties."

This AFI is available on the Air Force e-Publishing website at <http://www.e-publishing.af.mil/shared/media/epubs/AFI1-1.pdf>.



Order of the Sword
Lt. Gen. Harry M. Wyatt III, Director of the Air National Guard, is honored at the Order of the Sword ceremony at the Hyatt Regency in Tulsa, Okla., Sept. 28, 2012. The Order of the Sword ceremony is conducted by NCO's to honor leaders who have made significant contributions to the enlisted corps. (photo by: Master Sgt. Kurt Skoglund)

Witham nominated as ANG deputy director First Operational Readiness Exercise wrap-up

By Col. Nahaku A. McFadden
National Guard Bureau

ARLINGTON, Va. -- Brig. Gen. James C. "JC" Witham has been named the next deputy director of the Air National Guard. Witham had served as the chief of staff of the California National Guard and the commander of that state's Air National Guard.

"I am thrilled and humbled for the opportunity to lead the best Air National Guard in our nation's history; a force that is proven in combat and domestic crises," Witham said. "I look forward to ensuring the investment the American people have made in the Air Guard continues to pay dividends."

As deputy director, Witham will be part of the leadership team responsible for formulating, developing and coordinating all policies, plans and programs affecting more than 106,000 Air Guard members in more than 88 flying wings and 200 geographically separated units throughout the United States, the District of Columbia, Puerto Rico, Guam and the Virgin Islands.

Lt. Gen. Harry "Bud" Wyatt III, Air National Guard director, said Witham is the right person at the right time.

"JC is an outstanding leader and we're glad to have him on our team," Wyatt said. "His wealth of command and staff positions will help shape and guide the Air Guard as we forge ahead to the future."

Witham is no stranger to key Pentagon and leadership positions. He has served at the National Guard Bureau director of Intelligence, Surveillance and Reconnaissance, and NGB's director of Air, Space and Information Operations. Additionally, Witham has been the District of Columbia National Guard's director of operations and its operations group commander. As the California Air National Guard's air commander, he was responsible for command and control oversight of five major field-level organizations comprised of nearly 4,700 military and civilian personnel serving at 10 locations.

Witham also was nominated for appointment to the rank of major general. The nomination is pending U.S. Senate confirmation.

Witham was commissioned in 1980 as a distinguished



Brig. Gen. James C. "JC" Witham

graduate from the United States Air Force Academy, in Colorado Springs, Colo. He also was a distinguished graduate from undergraduate pilot training and subsequently the outstanding graduate from the F-15 Fighter Weapons Instructor Course. He served on active duty for 10 years flying the F-15 before joining the District of Columbia Air National Guard in 1990, where he flew the F-16.

On Sept. 11, 2001, Witham was responsible for executing the initial airborne defense of the National Capital Region and establishment of the permanent alert facility at Andrews AFB, Md. A command pilot with more than 4,000 flying hours, primarily in F-15 and F-16 aircraft, Witham has combat flying experience in Operations Northern Watch, Noble Eagle and Iraqi Freedom. As a Citizen-Airman, Witham is an American Airlines Captain.

By Tech. Sgt. Craig Clapper
Editor

Now that the first 113th Wing Operational Readiness Exercise is complete, it is time to look ahead to the next ORE and ultimately the Operational Readiness Inspection in July, 2013. 113 WG personnel weighed in on their experiences during the first ORE and what the Wing can do to improve its overall readiness.

"This was the first one of the 'new style' exercises we've attempted (combined Phase I and Phase II), and we learned a great deal," said Brig. Gen. Marc Sasseville, "we've got some things to work on, but this was a tremendous effort!"

The Exercise Evaluation Team members were impressed by what they saw but they also noted a few areas that could use a little improvement. Senior Master Sgt. Bill Liston, NCOIC of the EOC, noted that individuals need to be aware that the exercise is simulating a real world war environment and they should act with quick response at all times.

"Everyone needs to act with a sense of urgency and follow the instructions of their supervisors and leadership," said Sergeant Liston. "The EET are here to help you, so don't avoid them, and work with them to make sure you fix errors that you do yourself or see around you."

Self-Aid Buddy Care was a hot topic during the ORE as individuals were trying to perform their respective jobs in a war environment and suddenly, a few individuals received injects of a wounded or deceased member(s). The individuals were required to perform SABC, and while most did well, there were a few common areas of concern for the inspectors.

"I know the inspectors thought it went well, however I was told a few times that people need to be confident and not to be scared when they are told they have to perform SABC," said Senior Airman Malcolm Williams, 113th Wing Medical Group technician. "People know what they need to do and what they were taught. Make SABC a top priority and don't be scared, you can do it if you follow your training."



Following simple instructions was sometimes nonexistent as well. All ORE players should check into their respective Base Relocation Area Tent (BRAT), know duress words, ensure all gear is correctly worn and understand they are entering a simulated warzone and using everyday commodities, such as cell phones, are prohibited. According to Master Sgt. Joseph McGinley, 113th Wing Communications Flight, Wing members should brush up on the correct way to use base radios as well.

"Radio etiquette is very important where people aren't stepping over each other and are communicating in an effective manner," said Sergeant McGinley. "Please ensure you sign out a radio prior to the war, and double check that your call sign and phone number are correct on the OCL."

Overall, the Wing has a few areas to work on until the next exercise, however, there is a lot of optimism in the air for the coming months.

"I want to thank everyone for the great effort, attitude, and teamwork I saw during the last ORE," said General Sasseville. "You all had heart, made on the spot corrections, and communicated as much as you could-all things that we need to do not only during ORE's and ORI's, but day to day as well."

November Promotions



- Master Sergeant (E-7)**
TSgt Bunch-Carr, Bernadette R. - JFHQ
- Senior Airman (E-4)**
A1C Clark, Allante A. - 201 AS
A1C Melton, Matthew J. - 113 MXS
A1C Nash, Arthur III - 113 MXS



Reminder for the next ORE...

1. Make sure you practice SABC scenarios and 'what-if' situations
2. Remember to always have a sense of urgency
3. Check out base radios before the exercise and know your call signs. Please ensure the OCL is accurate with phone numbers.
4. The inspectors are your allies. Work with them, not against them.

113TH SECURITY FORCES RETURN HOME FROM DEPLOYMENT



Master Sgt. Thomas Hall welcomes back Senior Airman Alexander Birchett, both 113th Security Forces members, upon his return from deployment.



Master Sgt. Dan Persico poses with Senior Airman Zack Breckenridge moments after Airman Breckenridge's return from an overseas deployment. (Photo by Tech. Sgt. Craig Clapper)



Master Sgt. John Tucker poses with his family, (l-r) wife Jennifer, daughter Madison (10), sons Jackson (9), and Matthew (4), upon his return from deployment at Joint Base Andrews Md. (Photo by Tech. Sgt. Craig Clapper)



Tech. Sgt. Tony Edmond gives his son Vladimir Edmond (2) a big hug upon his return from an overseas deployment. (Photo by Master Sgt. Dennis Young)



Maj. Kevin Waller, 113th Security Forces commander, speaks to security forces members upon their arrival at BWI airport from an overseas deployment. (Photo by Master Sgt. Dennis Young)



Maj. Kevin Waller stands with SFS members, who moments before returned from an overseas deployment, for a quick photo at Baltimore-Washington International airport. (Photo by Master Sgt. Dennis Young)

Remember to recognize employer's support

By Master Sgt. Alberto Planas
113th LRS First Sergeant

Since many of us have had to take time off from work in preparation for the upcoming ORI (& will be expected to for the next several months), we want to encourage you to recognize your employer's support by submitting them for ESGR's Patriot Award. This award recognizes supervisors and bosses nominated by a Guardsman or Reservist employee for support provided directly to the nominator. The Patriot Award reflects the efforts made to support Citizen Warriors through a wide-range of measures including flexible schedules, time off prior to and after military service, caring for families and granting leaves of absence if needed.

The spouse of a Reservist or Guardsman is also eligible to nominate their boss for the Patriot Award. The employ-



er of a military spouse has no legal obligation to provide unique support, but many employers voluntarily offer assistance to Guard and Reserve spouses who often share the challenges of military service. Childcare, managing the household, and work schedules often have to be adjusted when one spouse has to perform military service.

Every employer nominated will receive a Patriot Award certificate and accompanying lapel pin. Your state ESGR Committee can help you arrange the presentation of the award to your employer or you can choose to have the certificate mailed to your home so you can present it on your own. Best of all, you can nominate supervisors or bosses online. Just go to <http://www.esgr.mil/Employer-Awards/ESGR-Awards-Programs.aspx> for more information and to nominate an employer online.

Top III holds successful golf tournament

By Senior Master Sgt. Donald Pedersen
113th Wing Top III President

The DCANG Top III Council hosted their annual Golf Tournament on 17 Sept. at Wicomico Shores Golf Course in Southern Maryland. We had a beautiful day to play golf and to hang out as a Guard family. We would like to thank our many sponsors and volunteers, family & friends, who without their efforts, generosity & participation this event could not have taken place. Results of the Tournament are as follows:

Closest to the Pin Competitions: Hole # 6 Robert Hergenrader, # 8 David Waters, #14 Curtis Hills, & #17 Tyson Anderson. **Longest Drive:** Ladies # 5 Master Sgt. Jessica Cumberbatch, & Men's #12 Lance Larson. **Straightest Drive:** #2 Dick Joyce. **Putting Contest:** James Shelby. **Team Competition:** 1st place score of 55, Kevin Carew, Justin Diggins, James Shelby, & Travis Williams, 2nd place score of 55 was Dan Mallam, Tony Reese, Duane Peterson, and Joe Mollo, 3rd place score of 58, Keith Wilson, David Gonzales, James Guidry, & Jason Harte

Again, a special thanks to our Volunteers: **Registration:** Angela Foster, Vondella Stevens-Maynard, Master Sgt. Irma Tamayo, Staff Sgt. Becky Katt & Master Sgt. Allen Hotte.

Beverage Carts: Staff Sgt.'s Becky Katt, Brian Flores, Duane Bailey, and Airman First Class Jennifer Hotte. Jennifer and Senior Master Sgt. Chuck Gass also took pictures throughout the day. **Putting contest and grilling hot dogs:** Chief Jim and Denise Manard, , **Straightest Drive Competition:** Senior Master Sgt. David Thomas

Master Sgt. Hope Osecky received larges sub sandwiches and vegetable trays from Walmart who will receive a plaque

from the TOP III Council thanking them as a Key Sponsor. Another Key Sponsor, Wave Front Technologies Inc. will also be recognized with a special plaque thanking them as a key sponsor for their very generous contribution. This is the 2nd year Wave Front has sponsored this event.

Our Tournament Director, Master Sgt. Tom Katt could not be with us this year due to a last minute Technical School he had to attend, but he got the ball rolling and was able to turn this event over to Master Sgt. Allen Hotte & Dan Mallam who did a outstanding job in his absence.

This was a very successful tournament and all proceeds will go to the DCANG TOP III Council to help them meet their objectives for the rest of 2012 and into 2013. Some of these objectives include funding College Scholarships, helping Family support programs, and the Wing's Holiday Party. We appreciate and thank everyone that participated in this years Tournament.



Always practice safety with holiday cooking

By Senior Master Sgt. Glenn Thompson
113th Safety

Have you ever eaten deep-fried turkey? Delicious, isn't it? Deep-fried turkey has been around for years. It's even bragged about on cooking shows on the Food Network and other cable channels. But there is a down side to all of this "turkey talk."

Turkey fryers can be extremely dangerous if not used properly. According to Underwriters Laboratories' (UL) safety experts, concerns are running high about backyard chefs sacrificing safety for good taste. Recently, there have been an increasing number of fires related to these turkey fryers. UL has performed tests on these fryers and found that the "great-tasting birds" are not worth the risk. "As a result of these tests, UL has decided not to certify any turkey fryers with our trusted UL mark", said John Drenenberg, UL consumer affairs manager.

If you absolutely must use a turkey fryer, here are some tips for safer use:

- Turkey fryers should always be used outdoors a safe distance from buildings and other materials that can burn.
- Never use turkeys fryers on wooden decks or in garages.
- Use turkey fryers on a flat surface to help prevent accidental tipping.
- Never leave the fryer unattended. Most units do not have thermostat controls. If you are not careful, the oil will continue to heat until it catches fire.
- Never let children or pets near the fryer.



- Do not overfill the fryer. Doing so may cause the oil to catch fire from the burner.
- Lids and handles can become extremely hot. Use well-insulated pot holders or oven mitts when handling any part of the aluminum pot.
- Wear safety goggles to protect your eyes in case of oil spatter.
- Keep an ABC multi-purpose dry chemical fire extinguisher nearby. Never use water to extinguish a grease fire.
- Follow the manufacturer's directions on proper use of the turkey fryer

CCAF Graduates

- Arbogast, Jimmy
- Basham, Jennifer
- Branch, Jalieen
- Feyen, Amanda
- Pawliuk, Leda
- Rogers, Bryant
- Singletary, John
- Solanobarrios, Julio
- Solobay, Justin
- Spikes, Yolanda
- Tamayo-McMurphy, Irma
- Ward, Edwinston

- Ward, Mark
- Wilson, Sterlin
- Wnek, William
- Zakszeski, Stephen



113th Force Support Squadron information

By Master Sgt. Arthur Powell
113th Force Support Squadron

- * The new link to ID Card appointments is <https://rapids-appointments.dmdc.osd.mil>
- * If your CAC Card, ID Card or Dependent ID Cards have SSAN on them, please schedule to have them replaced.
- * Tuition Assistance applications are due now. All applications must be submitted with original signatures - No emails or faxes.
- * The MPFs Air Force Wide will experience a MilPDS (Military Personnel Data Systems) shutdown the entire month of December. Please update all personnel data now. The MPF will have no control over this shut-down, it will be Air Force wide.

Important financial information

By Senior Master Sgt. Courtna Brown
113th Wing Finance

-Local Annual Training Order – Use the Local Voucher option and include AROWS order

- Beginning October 1, 2012, any travel authorization that includes air travel must be approved and ticketed at least 72 hours in advance of the scheduled flight departure to avoid airline reservations from being cancelled.

This is due to a new policy being instituted by the airlines under the FY13 GSA City Pair contract.

Under the new policy, if an Authorizing Official (AO) does not approve an authorization within 72 hours of departure, the airline reservation will be cancelled and the traveler will arrive at the airport without a ticket or a reservation in the airline's system. This applies to all City Pair and non-contract government flights that are either booked through DTS or through a Commercial Travel Office (CTO).

- **New Card Holders** – When your ticket is booked by SATO, it will be reserved at the Citi Pare Rate. If your Citibank account is established after SATO reserves your ticket, you may have to pay for the ticket at the airport ticket counter using a personal credit card. This occurs when your Citibank account is established but the physical card has not been received. Though this scenario does not happen often, you will be charged the military rate (higher rate)

vs. the Citi Pare Rate at the airport counter. All efforts should be exhausted prior to paying the military rate to include contacting the local SATO office or the Travel Assistance Center which is available 24 hours a day.

- **Substantiating Records** – This documentation includes AROWS order, lodging, rental car, airfare and any reimbursable \$75 or more. Please include all documents in one file rather than submitting one file for each item.

Reviewing multiple files can be time consuming and may contribute to delayed routing in the finance office.

- **NEW FY 13 Routing and Accounting** – As of Oct 1st there is new routing and accounting information for FY 13.

Please double check your document prior to submitting to ensure you have selected the appropriate routing and accounting information.



THE DISASTER RELIEF MOBILE KITCHEN TRAILER IS HERE!

Please join us for DRMKT training and a demonstration in the Wing Auditorium on Sat., Nov. 3. Highlights include:

- **The DRMKT is capable of supporting up to 1,000 pax per hour.**
- **Highly mobile; operational to transportation mode in 30 minutes.**
- **Provides both tray and fresh rations.**



Menu Includes:
Chicken & Peppers
Chinese Style
Beef & Veggies
Macaroni & Cheese
Cheeseburgers
Corn on the Cob
Salad
Dessert

SATURDAY, NOV. 3
1100 - 1300
WING AUDITORIUM